

2018 Personal SAG Guide

DIRTY
KANZA



Welcome

The role of a rider's personal SAG (Support & Gear) Crew carries great significance to the success of each Dirty Kanza participant. First and foremost, they are required for all Dirty Kanza participants! Beyond that, they are greatly needed to help encourage, support, and should it come to it, pick up a rider if they need to abandon the event.

If you are here reading this, then that means you have been asked to take on this important role. Since there is much to know, we aim to give you all the information you will need to help you and your athlete(s) be successful.



Checkpoint Locations

DK200

Checkpoint 1

Madison High School
1500 Southwest Blvd.
Madison, KS

Checkpoint 2

Eureka High School
815 N. Jefferson St.
Eureka, KS

Checkpoint 3

Downtown Madison, KS
3rd and Main St.
Madison, KS

DK100

Checkpoint 1

Downtown Madison, KS
3rd and Main St.
Madison, KS

DK50 & DK25

* SAG crews are not allowed to be at the DK50 & DK25 aid stations.

Rules

The safety of our riders and fair play ethics of the event are of the utmost importance to us here at Dirty Kanza Promotions. By taking up the responsibility of a Personal SAG Crew member you are taking responsibility to know and abide by these event rules.

The most important thing for Personal SAG members to know and understand is that the check points are the **ONLY** locations where you are allowed to assist a rider. The only time you should ever be on the course is to pick up a rider who is abandoning the event. If you are seen on course we will assume your rider is being picked up and will be DQ'd.

We will list a few of the pertinent rules here, but a full list of event rules can be found by viewing the Rider's Bible found at dirtykanza.com, under the "Info" Tab.

From the Riders's Bible:

Rule #7 - Cut-off times will be established for reaching and for departing each checkpoint. Any participant not reaching a checkpoint before the established arrival cut-off time will be pulled from the event. Any participant still at a checkpoint after the departure cut-off time will not be allowed to continue past that point. Arrival cut-off times are based on an average speed of 10 mph and are established for the purpose of rider safety. Therefore, these times will be strictly enforced.

Rule #8 - Outside support is not allowed. This includes, but is not limited to assistance with navigation, supplies, and lighting. The only exceptions to this are outlined in Rules 9, 10, 11 and 12 below

Rule #9 - Participants may help other participants with mechanical support, navigational assistance, or by any other means.

Rule #10 - Each participant **MUST** have present at the event at least one support crew person to come get them should they need to abandon the event. Multiple riders may share the same support crew. If you don't have someone to serve as your support crew, please consider our "Never Let Go" support crew for-hire program (See our online registration page for more information). However you decide to meet this requirement, just remember... **WE WILL NOT COME RESCUE YOU. YOU ARE RESPONSIBLE FOR YOU.**

Rule #11 - Official checkpoints along the route will serve as neutral areas where event participants may meet their support crew to restock supplies and repair equipment. These checkpoints will be the only locations along the entire course where participants may receive assistance from their support crew. Receiving assistance from a support crew at any other point along the route will result in disqualification.

Rule #12 - Participants may stock up on food, water, and other supplies at stores and businesses along the route. Participants may also receive "neutral" assistance from residents along the route. "Neutral" is defined as support that is freely offered equally to ALL event participants, and is done so from a stationary, non-moveable location. In other words, it is OK to stop at a farmhouse and fill up a water bottle from a garden hose. It is OK to receive a can of soda from a resident sitting in a lawn chair in their front yard with a cooler full of cold drinks. It is NOT OK to receive a hand up from a vehicle that "just happens" to be at the side of the road. Folks, this rule is really quite simple. Please don't make it something it is not.

Parking

You know how to get to each check point, but how do you know where to park when you get there? We have devised a color coded parking scheme that will help make parking easier, and ease the challenge of you and your rider connecting once they arrive at the check point.

Each rider will receive a color coded sticker at Friday's Rider Sign In. This sticker is to go on your dash or on your windshield. **You will NOT be allowed into the check point areas without this sticker.** If you are supporting more than one rider and they receive different colored stickers at check-in simply discuss as a group and select one color for your entire group. Place your selected colored sticker on your windshield or dash and discard all other un-used stickers.

Once you arrive at a check point, volunteers will help guide you to your designated color zone. Each zone will be signified by colored flags and markings.

We are happy to have spectators at the check points, however, all spectators must park outside of the check point area and walk up. Please respect this, as space is limited in the check point parking areas.

Link to 200 Mile Checkpoints:
<https://www.blackriver.cc/rides/48303>

Link to 100 Mile Checkpoint:
<https://www.blackriver.cc/rides/48304>

How to use Blackriver:

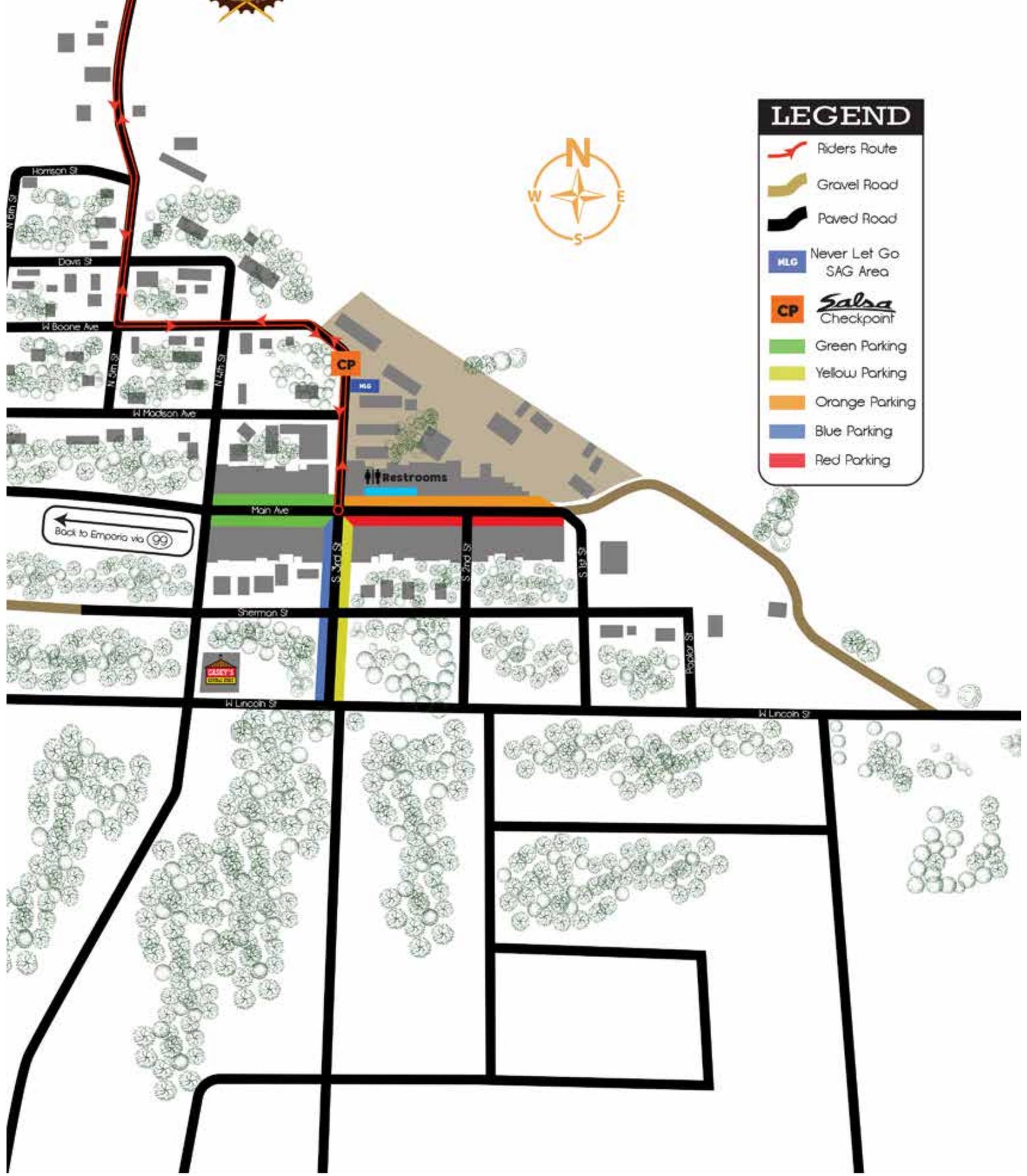
1. Download the Blackriver App using your Apple or Android device.
2. After creating an account, go to explore and search Emporia, KS.
3. Select the appropriate route for you (either 200 Support or 100 Support).
4. Tap "Add to Planned."
5. Select "Ride" and then "Start a Pre-Planned Route."
6. Press start and follow the directions!

How to get cue sheets:

1. Copy the link on the left into a web browser.
2. Hover cursor over the map and select "export."
3. Select "Generate PDF Ride Card."
4. Print out the beautiful Ride Card Cue Sheet!



100 Mile Check Point - Downtown Madison

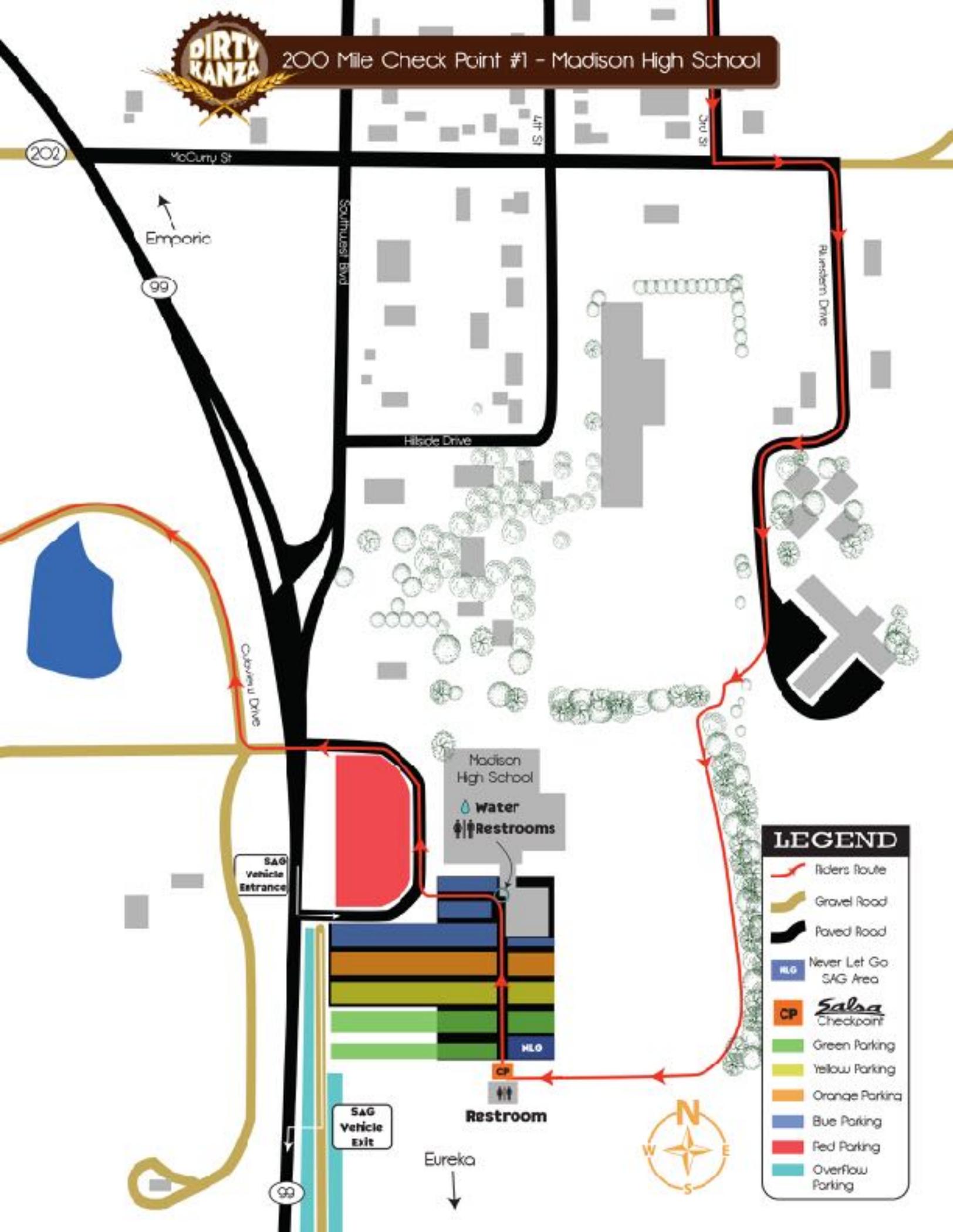


LEGEND

- Riders Route
- Gravel Road
- Paved Road
- MLG Never Let Go SAG Area
- CP Salsa Checkpoint
- Green Parking
- Yellow Parking
- Orange Parking
- Blue Parking
- Red Parking



200 Mile Check Point #1 - Madison High School



LEGEND

- Riders Route
- Gravel Road
- Paved Road
- H.G. Never Let Go SAG Area
- CP Salsa Checkpoint
- Green Parking
- Yellow Parking
- Orange Parking
- Blue Parking
- Red Parking
- Overflow Parking

SAG Vehicle Entrance

Madison High School
Water
Restrooms

Restroom

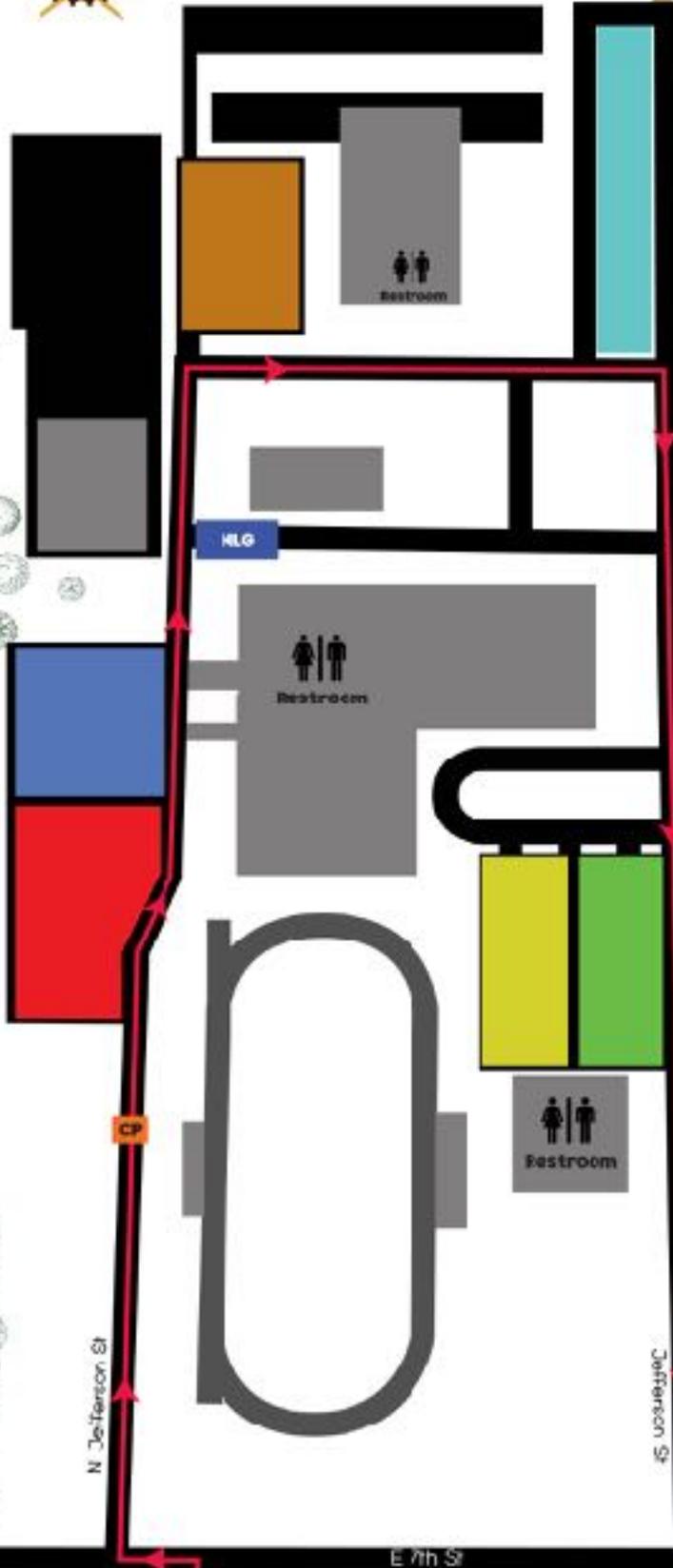
SAG Vehicle Exit

Eureka





200 Mile Check Point #2 - Eureka High School



LEGEND

- Riders Route
- Gravel Road
- Paved Road
- Never Let Go SAG Area
- Salsa Checkpoint
- Green Parking
- Yellow Parking
- Orange Parking
- Blue Parking
- Red Parking
- Overflow Parking

Back to Madison via 99

N Jefferson St

Jefferson St

E 7th St

N Jefferson St

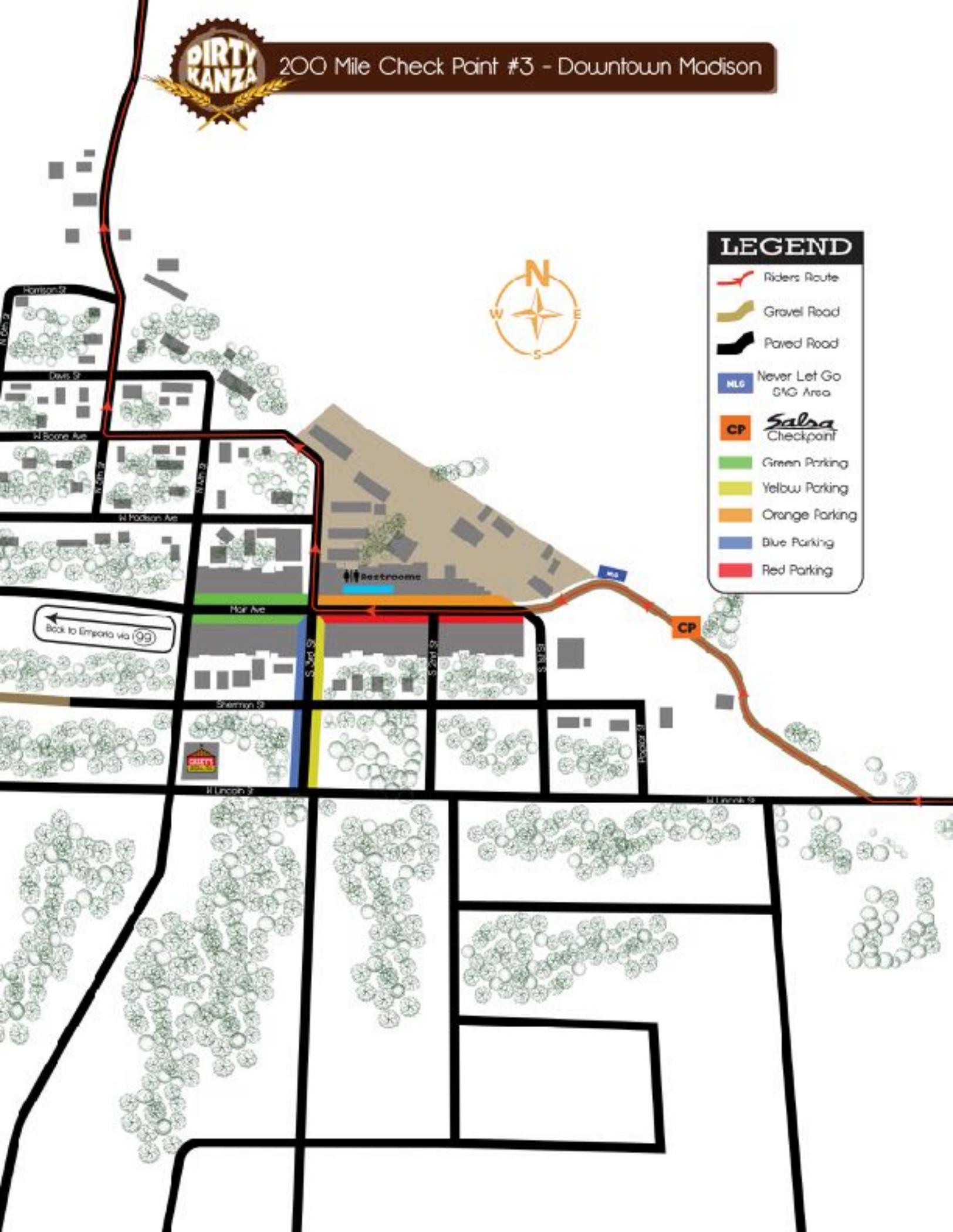


200 Mile Check Point #3 - Downtown Madison



LEGEND

-  Riders Route
-  Gravel Road
-  Paved Road
-  Never Let Go (NLG) Area
-  *Salva* Checkpoint
-  Green Parking
-  Yellow Parking
-  Orange Parking
-  Blue Parking
-  Red Parking



CP Cut-Off

These cut-off times are final. If your rider does not make the cut-off he/she will not be allowed to continue. There is an arrival cut-off as well as a departure cut-off. Riders must meet the arrival cut-off time and depart prior to the departure cut-off in order to continue in the event. This is for the safety of riders and as a courtesy to all of the volunteers who make this event happen.

DK200

CP#1 Madison - Arrival: 11:12 AM, Departure: 11:42 AM

CP#2 Eureka - Arrival: 4:45 PM, Departure: 5:15 PM

CP#3 Madison - Arrival: 10:42 PM, Departure: 11:12 PM

Finish Line Emporia - 3:00 AM (Sunday)

DK100

CP#1 Madison - Arrival: 11:12 AM, Departure 11:42 AM

Madison

Casey's General Store

210 South 4th

Chubby's Food

311 Main Street

Red Brick Cafe

115 North 3rd Street

Eureka

Casey's General Store

720 North Main Street

G&W Foods

324 North Main Street

Johnson's General Store

* For store hours and contact information please visit each businesses respective websites.

* For complete information on Eureka's restaurants, gas stations, grocery stores and more visit: eurekakansas.com

SAG Tips

For best results it pays to be prepared. Here are a few general tips to help guide you on your support journey. This is just a start though, ask around and seek out information to help you understand what makes a great SAG crew!

- * **Communicate** - Speak with your athlete(s) to know what their expectations are in advance. Are they trying to beat the sun or just finish this thing? Knowing what the athlete wants out of the experience will help guide how you should help at the check points.
- * **Be patient** - These riders will become quite tired as the day goes on. This can often lead to some folks being less than pleasant. While this doesn't excuse rude behavior, you should be prepared and understanding that your athlete(s) may be somewhat less than their usual kind selves. Be calm and patient and help them get what they need.
- * **Know the Weather** - There are many things to prepare for, but weather is a big one. Is it going to be hot? Best to have some ice socks. Rain in the forecast? Have some lube and maybe dry clothes ready. Whatever the case may be, know the forecast and be prepared for all eventualities!
- * **Be prompt** - Parking will be tight. If you expect your rider to be quick to the check point, that means you need to be extra quick getting there! Arrive early, get settled in, and then get to know your neighbors and enjoy yourself while you wait!
- * **Know where you're going** - We can't stress it enough. We have provided physical addresses, parking images, and GPS links. Look at them ahead of time and know where to go!
- * **Be Flexible** - Even the best laid plans will have a hiccup or two. Understand that is part of the game and be prepared to roll with the punches. Have fun, relax, and help your rider achieve something amazing. You are a big part of that success!

Download the DK App!

Download the Athlinks Race Day App to see real time results, receive race announcements, see schedule of events, and much more!

Things to consider packing:

Water
Ice
Pantyhose for Ice Socks
Food - whatever is your pleasure!
Chain Lube
Chargers for electronic devices
Floor Pump
Extra Tubes
Wind/Rain Jacket
Survival Blanket
Rags/Towels
Cash and/or Debit/Credit Card
Tool Kit
Basic First Aid Kit
Sunblock
Tire Levers
Patch Kit
Camping Chairs

And there is so much more! Ask around and do your research to find out what others are bringing.

Emergency Communications:

* All riders and support crew members should enroll in the Lyon County Emergency text message program. This will allow all enrolled to receive important emergency communications during the event. You will be automatically removed after the event. This will be available starting Friday, May 25th, 2018.

1. Text 'DK2018' to 888-777 to be enrolled.

Area Hospitals:

It is, of course, our hope that no one will need this information. In the unfortunate chance that you do, print this off and keep it with you and your support crew.

GREATER EMPORIA, KS AREA: Newman Regional Hospital, 1201 W. 12th Ave., Emporia, KS 66801, 620-343-6800

TO THE NORTH: Morris County Hospital, 600 N. Washington, Council Grove, KS 66846, 620-767-6811

TO THE WEST: St. Luke Hospital, 535 S. Freeborn, Marion, KS 66861, 620-382-2177

TO THE SOUTH: Greenwood County Hospital, 100 W. 16th, Eureka, KS 67045, 620-583-7451

For Emergencies Call 911

